

Learning Styles

What is your learning style?

Program Details

Not everyone learns in the same way, everyone has a style of learning that is most convenient and comfortable for them. It is important to know what the different learning styles are not only to better understand ourselves but also to work with others in a way that is conducive to their abilities to absorb information.

In this session, we will be discussing all the different learning styles available, how to improve the different skills needed for each and at the same time be aware of their risks. Helping you approach new learning differently.



Training Length

1 – 1.5 Hours